

HORARIOS

PRMT

DÍA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
10:00 11:00	CONDITIONING	CONDITIONING	CONDITIONING	CONDITIONING	CONDITIONING	HANDSTAND
11:00 12:00	RINGS	HANDSTAND	RINGS	HANDSTAND	RINGS	MOBILITY
12:00 13:00	MOBILITY	MOBILITY	MOBILITY	MOBILITY	MOBILITY	CONDITIONING
13:00 14:00	HANDSTAND	RINGS	HANDSTAND	RINGS	HANDSTAND	
14:00 17:00	ENTRENAMIENTO LIBRE					
17:00 18:00	HANDSTAND	CONDITIONING - RINGS	HANDSTAND	CONDITIONING - RINGS	HANDSTAND	
18:00 19:00	CONDITIONIG - MOBILITY	CONDITIONING - MOBILITY	CONDITIONIG - MOBILITY	CONDITIONING - MOBILITY	CONDITIONIG - MOBILITY	
19:00 20:00	CONDITIONING - RINGS	CONDITIONING - HANDSTAND	CONDITIONING - RINGS	CONDITIONING - HANDSTAND	CONDITIONING - RINGS	
20:00 21:00	HANDSTAND - CONDITIONING	RINGS - CONDITIONING	HANDSTAND - CONDITIONING	RINGS - CONDITIONING	HANDSTAND - CONDITIONING	

- **CONDITIONING: PREPARACIÓN FÍSICA**
- **MOBILITY: MOVILIDAD**
- **HANDSTAND: GIMNÁSTICOS PINO**
- **RINGS: GIMNÁSTICOS ANILLAS**

CLASE
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CLASE



Si hay dos clases en una misma celda significa que hay 2 clases simultáneamente